



Together We CAN End Hunger

Rowan Pantry

List



Please call for hours of operation and requirements, before visiting food sites.

ROWAN PANTRY LIST

Big Elm Retirement Inc	905 McKnight St, Kannapolis, NC	704-933-5862	Produce 2nd W 10-1 and Food Pantry M & F mornings until gone. Call for more information.
Freedom Christian Worship Center	509 China Grove Highway E, Rockwell, NC	704-267-5197	W, 8:30 to 12
Gethsemane Food Outreach	1114 W. Horah St, Salisbury, NC	704-637-6036	W, 8:30 to 12
Grateful Heart Community Svc	706 Dunns Mountain Rd, Salisbury, NC	704-209-2257	Tues & Thurs, 5 to 6
Rock Hill SDA Hispanic	728 Southwest St, Salisbury, NC	704-307-8925	Sat, 3 to 6
Rowan Helping Ministries	226 N. Long St, Salisbury, NC	704-637-6838	M - F, 9 to 3:30
Rowan Helping Ministries West Pantry	785 Grampian Rd., Mt Ulla, NC	704-637-6838	Fri 9-11
Rowan Helping Ministries East Pantry	2570 St. Peters Church, Salisbury, NC	704-637-6838	2nd & 3rd Sat 9-10:30
Salvation Army /Salisbury	620 Bringle Ferry Rd, Salisbury, NC	704-636-6491	M - Thurs, 9 to 12 & 1 to 5, F 9 to 12
South Side Community Outreach	157 Columbus Ave, China Grove, NC	704-792-5586	Tues, 12-3
Shadybrook Baptist Church-Kannapolis	1009 Oakwood Ave, Kannapolis, NC	704-932-6169	Thurs, 1 to 3
Stallings Memorial Baptist Church	817 S. Main St., Salisbury, NC	704-642-9781	Thurs, 2 to 3

SOUP KITCHENS

Rowan Helping Ministries	226 N. Long St, Salisbury, NC	704-637-6838	Daily Lunch 12 to 1
South Side Community Outreach SK	157 Columbus Ave, China Grove, NC	704-792-5586	T, 12 to 3

TO GET HELP: SecondHarvestMetrolina.org

- Click “Need Food?” at the top of the homepage
- Click “Get Food Assistance”
- Enter your zip code in the search bar and press enter
- Click the pin points on your location for more information