

Union County, NC *Facts* at a glance



- Union County, NC has a population of 241,896.
- There are 18,530 individuals living at or below the poverty level. This represents 7.7% of the population.
- There are 2,326 individuals 65 years and older living at or below the poverty level. This represents 7.4% of the older adult population.
- There are 6,242 children living at or below the poverty level. This represents 9.9% of the child population.

Union County Distribution

In 2024-2025, the Food Bank distributed over 88 million pounds of food and household items throughout our 24 county service region.

In the past year, the Food Bank distributed over 3.9 million pounds to agencies in Union County, NC.

Union County Partners

The Food Bank supports 88 programs in Union County, NC including Union County Senior Nutrition, Common Heart, Food For Families, Backpack Ministry, Community Shelter of Union, New Testament Baptist, and Manna From Heaven.

Child Hunger Programs

There are three Kids Café sites in Union County, NC located at YWCA Old Armory, Marshville Elementary and Monroe PAL. The Food Bank supports Backpack Programs at elementary, middle and high schools throughout Union County in conjunction with Food For Families.

Senior Hunger Programs

The Second Helping Program provides monthly boxes of food to homebound seniors in Union County. These boxes are provided by the Food Bank and delivered by Union County Senior Nutrition and Common Heart.